

## Vale Farms Standard Cut Option for 1/4 Beef

Approx # pkgs \_\_\_\_\_ Cut

### Steaks

- 4.....Sirloin Steak - 1 per package
- 4.....Filet Mignon- 1 per package 2 inches thick
- 9.....New York Striploin Steak- 1 per package
- 2.....Chuck- Flat Iron Steak, rest into Extra Lean Ground Beef

### Roasts

- 2.....Bottom Round- Roast 2 to 3 lbs
- 1.....Sirloin Tip- 2 to 3 lbs
- 2.....Prime Rib- Roast 2 to 3 lbs
- 1.....Cross-Rib - Roast 2 to 3 lbs

### Ground and Specialty Cuts

- 35.....Extra lean Ground Beef- 1 lbs packages plastic wrapped
- 6.....Stewing Beef- 1 lbs packages
- 5.....Top Round into stir-fry 1 lbs packages
- 2.....Square Cut Short Ribs
  
- 2.....Soup Bone Bags
  
- 1.....Waste (Fat and Dog Bones)
  
- 1.....Offal ( liver, heart)

(steak thickness  $\frac{3}{4}$  to 1 inch)  
(wrapping in waxed freezer paper)